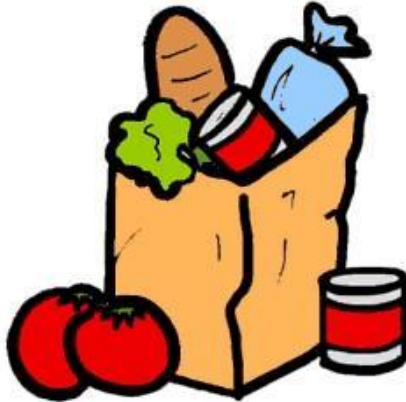


# **BASIC SHELF**

## **Acadia First Nation**



A Basic Shelf Session will be held in Yarmouth at the Health Centre

**December 14<sup>th</sup> 10am-1pm**

**10 Spaces** are available for this session for Acadia First Nation Adult Band Members living in Yarmouth/ Shelburne.

**Great Door Prizes      Free Cook Book**  
**Cooking Session      Bag of Groceries**  
**Label Reading              Budgeting and**  
**Banking Skills**

**Deadline to Register: December 1<sup>st</sup>, 2016**

**Please contact Melanie to Register @ 902742-4337 or email: [mrobinson@acadiaband.ca](mailto:mrobinson@acadiaband.ca)**