

Acadia First Nation Community, Members, Elders, Students, Youth, Staff, Family and Friends are warmly invited to the following workshops:

Monday, Nov. 7th, 2016, 6 PM – 9 PM at AFN Entertainment Ctr.

Sweat Lodge Ceremony Teachings

Sweat Lodge protocol will be offered, including our Seven Sacred Teachings. Refreshments will be provided.



Tuesday, Nov. 8th, 2016, 12 noon – 8 PM at AFN Entertainment Ctr.

Walking with Our Sisters - Workshops

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| 12:00 - 12:30 | Greet and Meet |
| 12:30 - 1:00 | Opening Prayers, Smudging Ceremony and Gathering Song |
| 1:00 - 2:00 | Reiki Intro and Sessions - Jane Gasior |
| 2:00 - 2:15 | Snack Break |
| 2:15 - 3:45 | Walking With Our Sisters Talking Circle - Margaret Knickle |
| 3:45 - 4:00 | Snack Break |
| 4:00 - 6:00 | History Blanket Exercise - Mary Rigby, Marilyn Leigh and helpers |
| 6:00 - 7:00 | Supper |
| 7:00 - 9:00 | Round Dance, Give Away Ceremony and Closing of Gathering |