



## ACADIA FIRST NATION

### Job Opportunity

Acadia First Nation is looking to fill a term position (March 2018) for the position of Physical Activities Coordinator. This position will be based out of one of our communities depending on where the successful incumbent resides.

**Purpose:** To promote healthy lifestyles and prevent ill-health in our AFN communities. The role of the Physical Activity Coordinator is to identify and signpost inactive adults to physical activities. The Coordinator organizes, provides and promotes physical activity throughout AFN.

#### Key Responsibilities

- To identify local opportunities for physical activities
- Develop a directory of physical activities that can be accessed by adults identified by health professionals and GPs and those who self-refer.
- Introduce a programme of physical activity sessions for those adults who are currently inactive.
- Deliver a group-based programme offering advice and support on encouraging inactive adults to participate in regular physical activity.
- To provide follow up one-to-one advice in person, over the telephone or by email to persons who attend the group programme and deliver brief interventions and motivational interviewing to ensure you are able to support community members
- Monitor the increase in the number of inactive adults who are regularly participating in some form of physical activity every day.as a result of attending the programme.
- Organize, provide and promote physical activity sessions in planned outreach venues throughout AFN. These sessions may be during the evenings, and at weekends.
- To make and maintain contact with local physical activity providers. Build a network and knowledge of referral routes to and from service providers and facilitate the provision of physical activities throughout AFN.
- To refer people, where appropriate, to other clinics or professionals for healthy lifestyle services e.g. smoking cessation, health care, etc.
- To ensure customer information is gathered and monitoring systems and databases are updated to show customer outcomes.
- Undertake regular training to extend and update own knowledge of health and wellbeing issues.
- Coordination of local aboriginal events for aboriginal children
- Coordination and liaison between Acadia First Nation and the various programs presently being worked on such as: In the Footsteps
- Arranging aboriginal training for events, coaching, instruction, etc.

- Preparing proposals to seek funding to run physical activities programs
- To carry out such other duties that may reasonably be required

### **Qualification and Experience**

- Degree with a major in physical education, nutrition or health education.
- Experience designing and delivering physical activity programs in the community.
- Experience in marketing and health promotion activities.
- Excellent communication skills, both written and oral.
- Excellent standard of spoken and written English.
- Proficient in use of IT including databases, Microsoft Word, Excel and Outlook.
- Ability to work on own initiative.
- Criminal records check
- Child Abuse registry check
- Ability to Travel

**To Apply:** Send resume and cover letter no later than **June 15, 2017** to :

Email: [frontdesk@acadiaband.ca](mailto:frontdesk@acadiaband.ca)

Fax: 902-742-8854