

ACADIA FIRST NATION NEWSLETTER

March/Sikewiku's 2014

Lunenburg County

www.acadiafirstnation.ca



Gold River Health Centre

Parent & Tot Playgroup

Monday, March 24th at 10:00am

Join us for crafts and a snack
at the Gold River Health Centre
with Cathy, Outreach worker from the Better
Together Family Resource Centre

Open to newborns to age 5
Parents, Grandparents and caregivers
are also welcomed.

Gold River Health Centre

311 Beech Hill Road
Chester Basin, NS B0J 1K0
grfrontdesk@acadiaband.com
Phone: 627-1245 Fax: 624-1361

Lisa Francis, Economic Development Officer
edoacadia@gmail.com

Cathy Gehue, Social Development Administrator
cathygehue@eastlink.ca Fax: 627-1586

Community VON

Schedule:

Thursday, March 6th and Thursday, March 20th
9:00am – 11:00am

Foot Care Clinics:

Foot care for all ages from infants to seniors. Nurses provide assessment, care and advice for clients, including the elderly and people with diabetes, who have particular problems looking after their feet. Care includes clipping nails, treating corns, calluses, ingrown nails, thickened nails and preventative care as well as referral to other health professionals.

Please note: if you are in need of foot care, it's very important to make an appointment at least one day prior, to ensure enough foot care supplies are on hand.

Wellness and Health-Promotion Clinics:

Offers clients screening tests and assessment of cholesterol, blood pressure, body-mass index and other indicators of potential health problems. Individual counselling focuses on education and raising awareness on topics such as heart health, diabetes, asthma, allergies and osteoporosis.

Non-Insured Health Benefits Program (NIHB)

Provides a limited range of medically necessary health-related goods and services that are not otherwise provided by other government programs or private plans. If you have any questions on what may be covered, please contact our Community Health Representative 902-742-4337
www.hc-sc.gc.ca/fniah-spnia/nihb-ssna/index-eng.php
or call 1-800-565-3294

NOTICES

Summer Employment 2014

Once again, Acadia First Nation has a limited budget to get sponsor a Summer Work Experience program for eligible students. Our program is designed to allow students the opportunity to gain some valuable work experience while earning a wage.

To be eligible, you must meet the following criteria:

- 1. Be a registered Acadia First Nation band member**
- 2. Be enrolled in school full time during the current year and returning full time in the fall**
- 3. Be at least 16 years old**

We anticipate that there may be more students applying than we have funding for so there may be a need for interviews.

Please forward your resume if you would like to be considered for summer student funding.

DEADLINE: April 29, 2014

(Any applications received after this date, will not be considered)

Send to: Wanda Westhaver

Fax: 902-685-2237

Email: wandaneo@gmail.com

In Person: 5163 Hwy# 210, Greenfield, NS (Medway Office)

RESUME WRITING

Wanda Westhaver, NEO will be booking a date at the Gold River Health Centre to assist anyone in need of writing a resume.

This will also give Wanda a chance to up-date her client contact list for potential employment opportunities and training programs for the future.

Contact Wanda at 685-2956 or leave your information with the front desk of the GR Health Centre 627-1245

APTN Is Looking for Mi'kmaq Crafters

The APTN Aboriginal Day Live Celebration is coming to the Halifax Waterfront on June 21st. There is opportunity for artisans to showcase their products. Cost of a 10X10 space is \$50.00, if you are interested in receiving more information on this opportunity, email agracie@accesswave.ca. Space is limited!

Andree Gracie

Event Liaison, APTN Aboriginal Day Live and Celebration

Cell: 902.401.4939

Notifications will be sent out Electronically

Over the next few months, we will be forwarding notifications, newsletters, etc. via email and on our website. Please email and give us your email addresses so that you can be notified. If you do not have a computer and require a hard copy, please contact us and let us know. It is our goal to reduce the amount of paper supplies, ink and postage cost and still inform you with all necessary information. Thank you for your cooperation!

EVENTS AND WORKSHOPS

March Break Events for Students:

Open to: Elementary Students

Monday, March 10th

11:00am - 1:00pm

Cooking Class, Games and a Science
experiment

Open to: Jr High and High School Students

Tuesday, March 11th

Cooking Class, Games and a Science
experiment

On Saturday, March 15th your student has a
choice of one:

Discovery Center *or*

Halifax Mooseheads Game

Register by March 6th for these
events, at that time more details
will be provided

Relapse Prevention Program
with Rose Purdy, NADACA

Tuesday, March 6

10:00am - 3:00pm

Lunch will be provided



Smoking Cessation Session
with Rose Purdy, NADACA

Thursday, March 25

9:30am - 3:30 pm

Learn about nicotine replacement
quitting, and coping strategies.

Lunch will be provided

HOUSING

Submitted by Marie Falls

The Carpenter crews have been keeping busy over the winter months in all areas, below are a list of projects currently being worked on;

Yarmouth

AFN Entertainment is just finishing some odds and ends and the installation of a generator.

Section 95 unit is currently being worked on.

An extension is being built to address overcrowding

Wildcat

The Wildcat and Gold River crews are working together on the Community Center.

Our apprentices have just finished 5 weeks of technical training at NSCC in Dartmouth. Two of the carpenter apprentices have just finished their 4th year and one finished their 3rd year; electrical is currently in their 2nd year.

Reminder

For those that are currently on the AFN Housing Request list should send in a updated application for housing each year showing interest in still moving on reserve.

Residency on AFN Reserve Lands

Please be advised that Acadia First Nation supplies the following items to you upon moving into a residence located on one of our reserves. Please note these items will only be supplied upon moving into the residence.

Acadia First Nation will not be responsible to repair or replace these items should they become damaged or no longer work. You will be responsible for all costs associated with repair or replacement of the items. The following items are as follows:

- | | |
|----------|---|
| 1 Fridge | 5 Table and Chairs |
| 2 Stove | 6 Beds |
| 3 Washer | 7 Dishwasher if the home is designed for one. |
| 4 Dryer | |

Please note these items will remain the property of Acadia First Nation with the exception of the beds, tables and chairs. Should you move from the residence the appliances are to remain the premises. You are also responsible for any routine maintenance to your residence such as painting and cosmetic upgrades. You are responsible to repair and damage that you or your guests cause at the premises such as but not limited to broken doors, windows, holes in the walls etc. You are responsible to report any damage to the residence as soon as possible to the Yarmouth Office. Please be advised that any residence left vacant for a period of 30 days or more will be reallocated to another band member unless prior approved by Chief and Council. During cold weather conditions heat and power must be maintained at all residences during any vacancy by you. This will prevent damage to the property such as frozen pipes. Upon vacating the premises the residence must be left in broom swept condition and be free of garbage both inside and outside. Please notify the office that you are intending on vacating the residence as soon as possible.

