

# Acadia First Nation – Aug., Sept. 2017 Newsletter

## The Gold River Health Centre

311 Beech Hill Road, Chester Basin NS Phone: 902-627-1245 Fax: 902-627-1361

Come out and enjoy the  
**Boys and Girls Club**  
Sept. 12<sup>th</sup> from 2:30 -3:30

Ages 5-10

And 3:30 – 4:30

Ages 11-18

Snacks will be provided and YES there  
Will be DOOR PRIZES!!!!!!

Call the Health Center to sign up

902-627-1245

Want to learn how to speak Mi'Kmaq, Come to the Gold River Health Center, Monday night 6:15 -7:15 on Sept. 18, 2017, Ages 5 and up, the classes will run for at least 6 weeks. Please contact the Health Center to sign up.



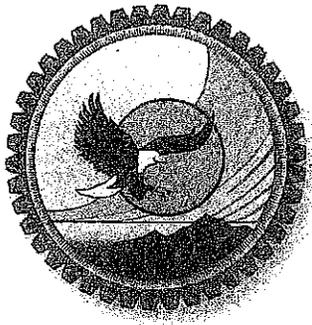
**The Bridgewater Better Together Family Resource  
Centre has offered to bring back a Playgroup to the  
Gold River Health Centre ONLY IF ENOUGH  
INTEREST IS SHOWN**

Open to all parents/grandparents/care givers of children ages  
new born to 5 years old.

Please contact the Health Centre @ 902-627-1245 or  
[grfrontdesk@acadiaband.com](mailto:grfrontdesk@acadiaband.com) if interested.

10:30am-12:00pm if you would be interested in attending.

Snacks will be provided.



## FILM on FENTANYL

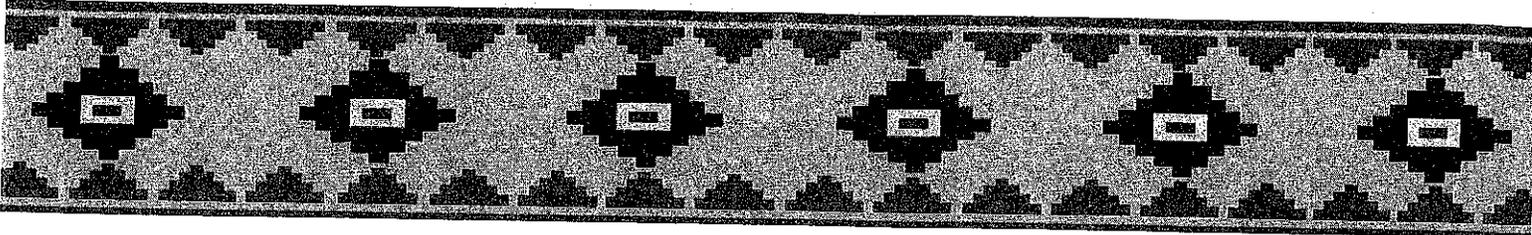
Gold River Health Centre  
1-2PM – Tuesday, September 5<sup>th</sup>

We will be showing CTV's "W5: Kill Pill" video that explores the dangers of fentanyl and shares 2 families experiences with the opioid drug.

There will be light snacks, refreshments and door prizes!

For more information please contact:

Kolby Mole @ (902) 815-6066



## Are you interested in Species at Risk...?

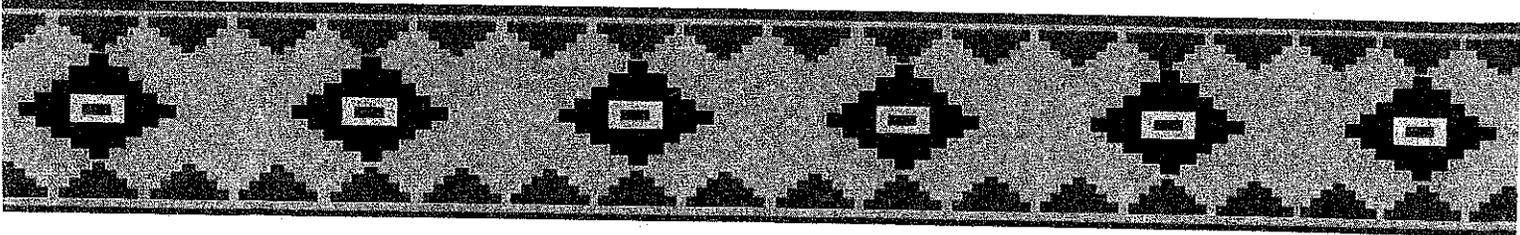


Sarah and Shalan would like to know who is interested in volunteering on an Advisory for the Kespukwitk SAR team/project.

The plan is to have a 2-day gathering at Mersey River Chalet for late September and would like to hear your thoughts, ideas, and concerns about Species at Risk. Talking about protecting our Species will be our main focus! We welcome Youth, Adults, and Elders to attend.

Please RSVP if you are interested in attending this Advisory meeting. Invitations will be sent out on a later date.

Contact Sarah at the Wildcat Office (902) 682-2421





## Be a Buddy – Not a Bully

Ages 10-18

Gold River Health Centre

1-2:30PM – Wednesday, August 16<sup>th</sup>

All community youth ages 10-18 are invited to attend the  
“Be a Buddy – Not a Bully” workshop.  
Parents are also encouraged to attend.

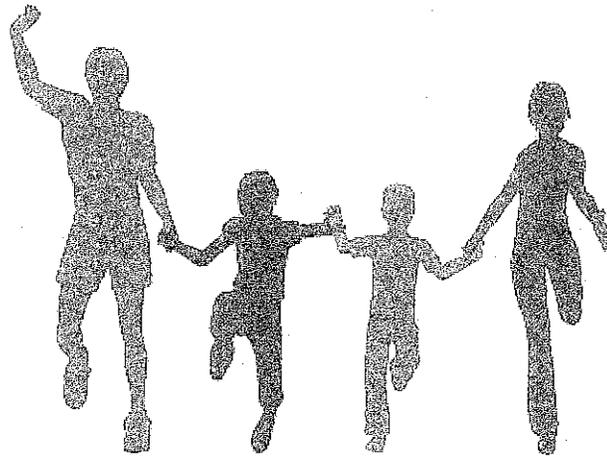
We will be watching the popular anti-bullying film “Gum  
in my Hair” and playing board games to help promote  
friendship.

There will be light snacks, refreshments and door prizes!

For more information please contact  
Kolby Mole @ (902) 815-6066

# Gold River Family Fun Day

All Gold River families welcome to have a fun filled day of relays (adult and kids), face painting, bouncy house, and some water fun! There will be prizes given out, and a free lunch provided. Please sign up and register before August 24th, 2017.



## Relays

- Three-Legged Race
- Egg Toss
- Egg and Spoon
- Potato Sack
- Sponge Relay
- Balloon Toss

**Where:** Gold River Pow Wow Grounds

**When:** August 31st, 2017

**Time:** 9:30am – 4pm

**Gold River Health Centre to register: 1-902-627-1245**